

Games
Gymnastics
Dance
OAA
Athletics

PE Curriculum Mapping 2020-21



*	Term 1		Term 2		Term 3	
N1						
N2						
Reception Class Teacher	Fundamentals Literacy Adventure	Dance Intro A 1. Under the sea 2. Toys Basic movements & travel	Fundamentals Mini Monkey adventures	Dance Intro B 3.Circus 4.Animals turn, jump, gesture, levels	Pilates 1.Under the Sea 2.Hop little bunnies 3.Hungry caterpillar	Core Tasks for Games & Sports day Prep.
Reception PE Specialist	Games- Building Fundamental skills Sending & receiving	Games- Building Fundamental Skills Agility, Balance coordination (ABC's)	Gymnastics Intro A Introduction to travelling, rolling, balance and jumping.	Gymnastics Intro B Exploring apparatus – small and large	Multi skills for Games -Intro Movement skills/ following instructions/ control/ balance/ coordination	Athletics Multi skills and sports day practice
Year 1 Class Teacher	Games Fundamental Skills 1(a) age 5-6 Movement / spacial awareness/dodging	Dance 1a Fairytales Movement to music, rhythm & Beat	Games Fundamental Skills 1(b) age 5-6 Spacial awareness (relationships)/ jumping	Dance 1b 1.Healthy Me 2.Wizard of OZ creating and performing short dance sequences to music	Games Fundamental Skills 2(a) age 5-6 Hopping, jumping ,balance, turning, rotation, space & body awareness.	Games Fundamental Skills 2(b) age 5-6 Catching, sending, throwing, dribble, striking.
Year 1 PE Specialist	Multi skills for Games 1(a) age 5-6 Throwing & catching/ ball control/ plan simple games	Multi skills for Games 1(b) age 5-6 Plan & play competitive games/ Champions challenge	Gymnastics 1a Travelling /rolling /balancing and linking together with Shapes/	Gymnastics 1b Jumping/ Creating & performing/ small & large apparatus.	Games Intra competition Dodgeball & Bench ball	Athletics 1 Mini Olympics and sports day practice
Year 2 Class Teacher	Games Fundamental Skills 1(a) age 6-7 Skipping, running, jumping, dribbling, dogging.	Dance 2a Construction Creating & performing- travel, turn, jump, gesture, level	Games Fundamental Skills 1(b) age 6-7 Rolling, springing, throwing, catching	Dance 2b 1.Cheerdance 2. Flamenco Creating & performing- travel, turn, jump, gesture, level	Games Fundamental Skills 2(a) age 6-7 Evaluate performance, simple tactics & scoring	Games Fundamental Skills 2(b) age 6-7 Striking & fielding, teamwork, kicking , racket skills
Year 2 PE Specialist	Multi skills for Games 1(a) age 6-7 Sending & receiving Invasion games – Ball skills Striking & fielding = directing & distance	Multi skills for Games 1(b) age 6-7 Invasion- - Moving with a ball Net wall - hand eye coordination & develop racket skills	Gymnastics 2a Routine linking travelling & rolling. Balancing small & large body parts	Gymnastics 2b Creating more complex routines using small & large apparatus.	Games Intra competition Cricket & Football	Athletics 2 Intro to Sports hall athletics & sports day practice

- Please note – Swimming is Taught independently from PE in Year 4 during Term 2

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Year 3 Class Teacher	Invasion Games (7-8 years) Movement skills for attacking & defending / evasion/ passing & receiving/ scoring zones		Dance 3 1.Creative combat 2. Cheerdance Copy/create and perform/ timing /levels/evaluate	Outdoor Adventurous Activities (OAA) Problem solving , teamwork trust cooperation maps	Athletics 1 (Age 7-9) Sports Day practice. Running/ Jumping/	
Year 3 PE Specialist	Sports Hall Athletics Reversaboard, ST L J, chest push,relay	Gymnastics 3a Create and perform routines linking shapes /rolls/ point balance	Gymnastics 3b Create & perform routine to include jumps and equipment. Small and large apparatus.	Invasion Games Basketball 1 Dribbling, passing, shooting , mini games	Net/Wall Games 1 Age 7-9 Tennis Movement skills/ space & tactics/ positioning	Striking & Fielding 1 Age 7-9 Soft/Round Batting/ Bowling/ small sided games
Year 4 Class Teacher	Invasion Games (8-9 years) Evasion/ Defending /movement with equipment/passing & receiving with defenders/ scoring		Dance 4 1.Egyptians 2. Flamenco Copy/create and perform/ timing/levels/evaluate	Outdoor Adventurous Activities (OAA) Teamwork ,planning ,control markers, orienteering	Athletics 2 (Age 7-9) Sports Day practice. Running/ Jumping/Throwing	
Year 4 PE Specialist	Invasion Games Basketball 2 Dribbling, passing, shooting , mini games	Sports Hall Athletics Relay changeover, overhead throw/ target throw	Gymnastics 4 Travelling / rolling/ symmetrical /asymmetrical / Jumps off equipment.	Invasion Games Handball Passing /moving/ scoring/ defending/ mini-games	Net/Wall Games 2 Age 7-9 Tennis Forehand/ Backhand / Cooperating / competing	Striking & Fielding 2 Age 7-9 Soft/Round Backing up / long barrier/ fielding/ games
Year 5 Class Teacher	Invasion Games (9-10 years) Evasion/ Defending /movement with equipment/passing & receiving with defenders/ scoring		Dance 5a 1.Freestyle 2. Samba Copy/create and perform/ timing/levels/evaluate	Outdoor Adventurous Activities (OAA) Problem solving, scavenger hunt, orienteering	Athletics 3 (Age 9-11) Sports Day practice. Running/ Jumping/Throwing	
Year 5 PE Specialist	Invasion Games Netball Defending, shooting, high five, areas of play	Invasion Games Handball /Basketball Dribbling, passing & shooting, Game play	Net/Wall Games 3 Age 9-11 Volleyball Movement, dig, small sided games, positioning, volley	Dance 5b Hip Hop Choreography, pair work, group work performing	Invasion Games Football /Tag rugby Passing / ball skills / possession /scoring	Striking & Fielding 3 Age 9-11 Cricket Batting stance /bowling/ fielding
Year 6 Class Teacher	Invasion Games (9-10 years) Basketball/Football/Hockey/Netball. Dribbling, Passing, Defending, Shooting.		Dance 6 Strictly Copy/create and perform/ timing/levels/evaluate	Outdoor Adventurous Activities (OAA) communicating, scavenger hunt, orienteering	Athletics 4 (Age 9-11) Sports Day practice. Running/ Jumping/Throwing	
Year 6 PE Specialist	Sports Hall Athletics Advanced techniques/ intra competition	Invasion Games Hockey Stick control/ dribbling/ tackling/shooting	Gymnastics 5/6 Advanced rolls/counterbalance/ Flight / Floor work	Net/Wall Games 4 Age 9-11 Tennis Cooperation ,competition, Create own games, coach others , scoring	Invasion Tag Rugby/Flag Football Attacking/defending /game play	Striking & Fielding 4 Age 9-11 Cricket Small sided games/ scoring/long barrier

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